

# Allergy Program Enhancements



## Food Allergy Testing

- In addition to environmental allergy testing, the Allergy Department at Coastal Ear, Nose and Throat now also offers **FOOD ALLERGY TESTING**. We test for the 8 most common allergenic foods, including;
  - Whole egg
  - Cow's Milk
  - Peanut
  - Mixed Fish (flounder, cod, halibut)
  - Mixed Shellfish (crab, shrimp, lobster, oyster)
  - Almond
  - Wheat
  - Soybean

## Penicillin (PCN) Allergy Test

- Due to popular demand, we now also offer penicillin allergy testing.

## New Location

- The Allergy Department has a new home! We have moved to the lower level of Coastal Ear, Nose and Throat to provide a more relaxed, quiet atmosphere.


## Weekend and Extended Hours

- We now have extended weekday hours, and appointments on Saturdays.
  - Monday: 9:00am – 6:00pm
  - Tuesday: 8:30am – 4:00pm
  - Wednesday: 8:30am – 4:00pm
  - Thursday: 8:30am – 6:00pm
  - Friday: 9:00am – 3:00pm
  - Saturday: 8:00am – 12:30pm

## Walk- In Appointments

- For your convenience, we welcome walk-in patients during our operating hours for their routine allergy injections.

## Expert Care

- Dr. Josef Shargorodsky of Coastal Ear, Nose and Throat, is board certified in adult and pediatric otolaryngology, is fellowship trained in rhinology and is a fellow of the American Academy of Otolaryngic Allergy (AAOA). 
- Our allergy nurses are highly experienced in allergy testing and care.

For questions or to schedule an appointment, visit the patient portal at [www.coastalearnoseandthroat.com](http://www.coastalearnoseandthroat.com) or call us at 732-280-7855, x107



**Coastal**  
Ear, Nose & Throat