

# POSTOPERATIVE INSTRUCTIONS FOR CLOSED NOSE REDUCTION

### **General Instructions/Information:**

- You should contact the surgeon's office to make a follow-up appointment if you do not already have one scheduled.
- In an emergency, go to your nearest emergency room or dial 911.
- You will receive a post-operative call from a member of our nursing staff on the next business day following your surgery.
- You will be given a patient satisfaction questionnaire prior to leaving the center. We would appreciate you sending back the questionnaire with any positive feedback or areas in need of improvement.

#### **Activity:**

- Your child may have been given general anesthesia or sedation during the procedure. For the next 24 hours, do not allow them to operate a vehicle or machinery.
- Your child may feel dizzy and drowsy for the next 24 hours.
- Your child may resume light activity after one week.

## **Operative Site:**

- Keep dressing clean and dry.
- Your child may shower.
- $\bullet$  Be alert for signs of a possible infection: redness, swelling, heat, red streaks, increased pain, chills or fever >101°F. Contact your child's surgeon if any of these symptoms arise.
- Notify surgeon if there is any uncontrolled bleeding.

#### **Diet and Comfort:**

- Diet may be resumed as tolerated.
- For persistent nausea/vomiting contact your surgeon.

These are generalized instructions. Personalized instructions relevant to the patient's care will be provided prior to leaving Coastal Surgical Center.