



POSTOPERATIVE INSTRUCTIONS **FOR BMT(EAR TUBES)**

General Instructions/Information:

- If your child experiences a new episode of drainage after the prescribed dose of antibiotics is complete, start the drops again in the affected ear. If the drainage lasts more than two days, call your surgeon.
- If water accidentally gets into your child's ear **AND** causes pain or drainage, start the ear drops.
- If your child was identified as having hearing loss prior to surgery, you will need a follow up appointment for a repeat hearing test. Contact your surgeon's office for a follow up appointment.
- You will receive a postoperative call from a member of our nursing staff on the next business day following your surgery.
- You will be given a patient satisfaction questionnaire prior to leaving the center. We would appreciate you sending back the questionnaire with any positive feedback or areas in need of improvement.

Activity:

- Your child may resume activities as tolerated.
- Ear plugs are recommended when the head is submerged under water, as in swimming pools, lakes or bath tubs.
- Deep diving should be avoided.

Diet and Comfort:

- Diet may be resumed as tolerated.
- There is little to no pain associated with this procedure. If your child is experiencing discomfort, you may administer Acetaminophen as you normally would.
- If your child experiences pain, chills or fever greater than 101.5°F, contact your surgeon.

These are generalized instructions. Personalized instructions relevant to the patient's care will be provided prior to leaving Coastal Surgical Center.