



PREOPERATIVE INSTRUCTIONS

FOR ENT PROCEDURES

FOR ADULTS

During your preop phone call with a nurse from our Surgery Center, there may be additional instructions given for your particular case. However, the following is a general guideline we utilize for most cases.

- NO liquids (including water) or food after midnight prior to surgery.
- Routine medications may be taken with a small sip of water at least two hours prior to surgery.
- Aspirin or any medications containing aspirin, or blood thinners should not be taken for 2 weeks prior to surgery. Please consult with your ordering physician for clearance prior to stopping these types of medications. Please communicate any contradictions to stopping these medications with us prior to your surgery date.
- Do not wear jewelry or makeup to the Surgery Center.
- Do not bring valuables, cash or jewelry to the Center on the day of surgery. Although we provide lockers for your convenience, we cannot be responsible for lost or stolen items.
- Please contact us if you develop a cold, fever or flu like symptoms prior to your surgery.
- Please make arrangements for a responsible adult to drive you home if your procedure requires the use of general anesthesia or conscious sedation. Surgery will not be performed if a responsible adult is not present to accompany you home.
- Please bring at least 1 form of identification with you on the date of surgery. The identification should include your full name and date of birth.
- Bring insurance card.
- Bring Advanced Directive on the day of surgery, if appropriate.