



PREOPERATIVE INSTRUCTIONS
FOR ENT CASES
FOR PEDIATRIC PATIENTS

During your preop phone call with a nurse from our Surgery Center, there may be additional instructions given for your child's particular case. However, the following is a general guideline we utilize for most of our pediatric patients.

- For Infants (<1 year):
 - Clear liquids (water or apple juice only): 3 hours prior to surgery
 - Breast Milk: 4 hours prior to surgery
 - Milk or solids: 8 hours prior to surgery
- Children (1-12 years):
 - Clear liquids (water or apple juice only): 3 hours prior to surgery
 - Milk or solids: 8 hours prior to surgery
- Your child should not be given medication containing Advil/Motrin 5 days prior to surgery. NO Aspirin 2 weeks prior to surgery. Tylenol is okay.
- On the day of surgery, we ask that you do not bring siblings or other children to the center so you can focus on the child having surgery.
- Bring a bottle or Sippy cup and a special toy or blanket for your child.
- Remove your child's nail polish, fake nails, jewelry (including all piercings), and make up. Place your child's long hair in pony tail.
- If your child wears contact lenses, please bring a lens storage case and their glasses with you.
- Do not bring valuables, cash or jewelry to the Center on the day of surgery. Although we provide lockers for your convenience, we cannot be responsible for lost or stolen items.
- Please contact us if your child develops a cold, fever or flu like symptoms prior to his/her scheduled surgery.
- The minor's accompanying responsible adult must bring at least 1 form of identification with them, and an insurance card on the date of surgery. The identification should include your full name and date of birth.